

**MODULE SPECIFICATION - Empowering Service Users & Carers (Mental Health Field)**

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| Module Title: Empowering Service Users & Carers (Mental Health Field) | Level: 6 | Credit Value: 20 |
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|                                   |                   |                    |
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| Module code: NUR609<br>(if known) | Cost Centre: GANG | JACS2 code*: B 700 |
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*\*please contact Student Data Services for further guidance if necessary*

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| Trimester(s) in which to be offered: 1 | With effect from: September 2012 |
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| <b>Office use only:</b><br>To be completed by AQSU: | Date approved: 11 <sup>th</sup> June 2012<br>Date revised:<br>Version no: 1 |
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|-------------------|---|
| Existing/New: New | Title of module being replaced (if any): None |
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| Originating Academic area: Nursing | Module Leader: Marjorie Lloyd |
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| Module duration (total hours) 200           | Status: Core for students following the Mental Health Field<br>(identify programme where appropriate): |
| Scheduled learning & teaching hours 30      |  |
| Independent study hours 170                 |  |
| Placement hours See Programme specification |  |

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| Percentage taught by Subjects other than originating Subject (please name other Subjects): | None |
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| Programme(s) in which to be offered: BN (Hons) | Pre-requisites per programme (between levels): None |
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## Module Aims:

This module aims to develop nursing skills and knowledge that reflects an awareness of complex, empowering and emancipatory practice in collaboration with service users and carers.

## Expected Learning Outcomes

At the end of this module, students should be able to:

Knowledge and Understanding:

Generic Learning outcomes

1. Critically analyse the influence of professional power and empowerment of service users and carers within the health care setting, demonstrating an awareness of risk management and service user involvement (**NMC** PV 1, C&IS 5, NPDM 4, 9, 10)
2. Evaluate nursing practice that is focused upon promoting dignity, self-management skills and health promotion for the service user (**NMC** PV 1, 2, 4, C&IS 2, NPDM 3, 8, A4.2)
3. Critically discuss the influence of current policy, law and literature around person centred nursing care. (**NMC** PV 3, A1.1, MH1.1)
4. Critically discuss the importance of working in partnership with clients/service users, health care professionals and other agencies in order to promote self-care, whilst demonstrating effective communication skills to address the individual needs of patients in a culturally sensitive and non-discriminatory manner. (**NMC** PV 2, 4, C&IS 1, 2, 3, 5, 6, 7, NPDM MH1.1, LMTW 6, 7)

Mental Health Learning Outcomes

5. Demonstrate how collaborative practice with clients/service users can promote dignity and mental health recovery (**NMC** PV 2, 4, MH2.1, MH3.1, MH4.1, C&IS 2, MH1.1, MH6.1, NPDM 4, MH4.1, MH5.1, 8, MH8.1)
- 1 Critically discuss the use of law and ethics in mental health nursing practice and the role of mental health nurses as care co coordinators. (**NMC** PV MH1.1, MH2.1, NPDM 10)

Transferable/Key Skills and other attributes:

Communication skills  
Interpersonal skills  
Problem solving skills  
Time management  
Management of self and others  
Presentation skills

Assessment: please indicate the type(s) of assessment (eg examination, oral, coursework, project) and the weighting of each (%). ***Details of indicative assessment tasks must be included.***

### Assessment One

The student will demonstrate evidence of the above learning outcomes by giving a presentation to their peers on empowering practice in nursing that they have developed from their reading around this subject. An abstract will also be required that will provide a brief summary of the content of the presentation. The student will be encouraged to use a variety of presentation tools including electronic, visual and oral. Copies of which should be provided for marking / external examination and as a record in their personal portfolio. The student will be required to submit/present a 10 minute Presentation (70%) and a written abstract (30%)

Clinical Practice Outcomes in the '*Ongoing record of Achievement of practice competence*' are formatively assessed throughout the academic year, and summatively assessed in the Personal and Professional Development (Adult or Mental Health) module at the end of each year as Pass / Fail.

### Derogation of regulation applicable to this module:

- Two attempts will be allowed at this module with a possible third attempt if this has not been used on another module in this academic year.
- There are no compensatory passes, and all elements have to be passed.
- A second attempt if needed, will be allowed within the academic year.
- Feedback on assessed work will be provided within four weeks of submission

| Assessment number | Learning Outcomes to be met | Type of assessment | Weighting | Duration (if exam) | Word count (or equivalent if appropriate) |
|-------------------|-----------------------------|--------------------|-----------|--------------------|---|
| One               | All                         | Presentation       | 100%      |                    | 300 words for abstract.                   |

### Learning and Teaching Strategies:

Lectures, team exercises, case studies, group work, seminar, problem based learning

### Syllabus outline:

Compassionate nursing care / Personalisation / Promoting diversity and choice / Developing self-management skills / Risks, rights and surveillance in public health / Communication and interpersonal skills / Policy and practice guidelines / Person centred care / Power and control / Professionalism and accountability in relation to empowering service users / Care management and care delivery / Team working and collaborative practice / Legal and ethical guidelines in relation to empowering service users/ Capacity and Consent in relation to empowering service users / Clinical governance / POVA / Safeguarding / The role of the expert patient / Health promotion/education / Care planning in relation to empowering service users/ Therapeutic relationship

### **EU requirements**

Health education

**NMC Standards**

**5.6.1** Communication and healthcare informatics

**5.6.2** Communication, compassion and dignity, Equality, diversity, inclusiveness and rights, Identity, appearance and self-worth, Public health and promoting health and wellbeing, Information management

**QAA Standards**

A1, A2, A3, B1, B2, B3, C1, C2

**1000 Lives +**

Learning to use Patient's Stories

**Indicative reading**

Clark, V. Walsh, A. (2009), *Fundamentals of Mental Health Nursing*. Oxford.: Oxford University Press.

Laverack, G. (2005), *Public Health: Power, Empowerment and Professional Practice*. New York: Palgrave Macmillan.

Slade, M. (2009), *100 ways to support recovery*. London: Rethink. *Free to download from website -*  
[http://www.rethink.org/mental\\_health\\_shop/products/rethink\\_publications/100\\_ways\\_to\\_support.html](http://www.rethink.org/mental_health_shop/products/rethink_publications/100_ways_to_support.html)

Whitehead, D. K . Weiss, S. A. & Tappen, R. M. (2007), *Essentials of nursing leadership and management*. 4<sup>th</sup> edn. Philadelphia: F.A.Davis Co.